

# HOLIDAY Senior living made simple.

Everything you need to know to find the lifestyle that's right for you.

#### A fulfilling lifestyle for independent seniors.

Since 1971, Holiday Retirement has provided seniors with a truly unique, independent lifestyle. Our commitment to security, comfort and value remains at our 262 communities nationwide. For one all-inclusive monthly payment, we take care of the details of daily life so that you may enjoy your retirement years to the fullest. Call us to find a Holiday community near you.

#### What sets us apart.



#### Familiar Faces

From personable managers to attentive servers at mealtime, this community is the new extension of your family. We're here to make your life easier in any way we can.



#### Good food. Good friends.

We take food very seriously. Our chefs prepare delicious meals every day, and a friendly wait staff serves them in a comfortable, restaurant-style dining room.



#### **Activities and Events**

At Holiday, we've put together a comprehensive program of activities and events specially designed to stimulate the seven dimensions of wellness: physical, emotional, spiritual, intellectual, creative, social, and vocational.



#### Pets Warmly Welcomed

We strongly believe in the life-affirming power of pets, and welcome furry companions.



#### No Buy-In Fees or Long-Term Leases

We know how important a sense of freedom is to our residents, so there's no long-term commitment. We offer convenient lease terms because we want to earn your business and your trust every day.



#### Home Health Care Welcomed

While Holiday Retirement does not provide or coordinate home care, residents are welcome to hire their own third-party home care services to meet any additional needs.



#### A True Sense of Community

There's a special feeling of kinship at a Holiday community that you won't experience anywhere else.



#### Now with WiFi!

Stay connected to your friends and family online with Holiday's complimentary WiFi service.

## There are many lifestyle and care options for seniors today. Use this guide to help you find the right one.

#### Independent Retirement Living

- Apartment style living, as social or as private as you choose
- No buy-in fees or longterm leases
- No health care services are provided, however, residents are welcome to receive services from any outside home health care provider of their choice



#### Assisted Living

Most of the residential amenities and services of independent living, plus:

- Access to Holiday staff specifically trained to offer personal care with activities of daily living (dressing, bathing, medication management)
- Licensed nurse on staff available 24/7

Residents may also receive:

Coordination of care with health providers such as home health and hospice

### CCRC (Continuing Care Retirement Community)

- Multiple levels of care in one location
- Levels of care range between independent retirement living, assisted living, or nursing home services
- Admittance into an advanced care level may be restricted to residents already within a CCRC's independent living program
- Often requires a significant buy-in fee and long-term contract

## Alzheimer's and Memory Care

Assisted living services, plus:

- 24-hour physically secured living
- Customized memory care activity program
- Cognitive support, including reminders
- May operate as a stand-alone facility, part of an assisted living community, or CCRC

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#### Nursing Home

- 24-hour skilled care for seniors on a long-term basis
- Care may also be provided for seniors who require short-term nursing care or rehabilitation assistance

#### Hospice

- Designed for terminally ill individuals in the final phase of their illness
- Care may be provided in a range of settings, including private home, hospice facility or nursing home

### Home Care

- In-home assistance based on frequency and level of needs, and may include daily activities
- Welcome in private homes and independent retirement living communities
- May be restricted in facilities providing a higher level of care



Please join us for a complimentary meal.

At Holiday Retirement, we love our food and think you will too. We invite you and a guest to join us for a flavorful meal and the opportunity to see first-hand if independent retirement living is right for you.



Offer valid to individuals who are not currently residents of a Holiday Retirement community. Valid at any Holiday Retirement location in the U.S. (excluding Ashford Court, Balmoral, Courtyards at Berne Village, Emerald Park, Forest Oaks of Spring Hill, Forsyth Court, Lake Morton Plaza, Laurelwood Senior Living, Manor at Woodside, Renaissance Retirement, Royal Palm Retirement Centre, Spring Oaks, Sterling Place, Sunset Lake Village, The Grande, The Plaza at Pembroke Park, Village Place.) See www.Holiday-Touch.com for a complete list of locations. One meal per individual in a 12-month period. Cannot be combined with any other offer. See your local Holiday Retirement location for details. All offers void where prohibited.

#### Short-term stay in assisted living or memory care

(minimum 10-night stay)

Allows primary caregivers

a break or gives the

service provider

resident a trial stay to

get acquainted with the

Respite

## If independent retirement living is right for you, use this handy checklist as you visit communities to get the answers you need (continued on next page).

Community Services	Apartment	Staff
☐ Meals (number per day, meal times, special dietary needs, other information)	☐ Single and double occupancy permitted	☐ Staff was friendly, respectful and personable
needs, other information)  Security system  24/7 Emergency response services  Activities & events (frequency, types, quality)  Scheduled transportation  Utilities (and exclusions, if applicable)  Housekeeping (frequency)  Linen service  Laundry facilities  Parking (garage, carport, lot)	<ul> <li>□ Kitchenette</li> <li>□ Appliances provided, permitted (and any restrictions)</li> <li>□ Easy to access cupboards, storage and closets</li> <li>□ Handrails in bathroom</li> <li>□ Good natural and artificial lighting</li> <li>□ Individual climate control</li> <li>□ Non-skid flooring and firm carpets for walking ease</li> </ul>	<ul> <li>□ Staff knew the residents by name</li> <li>□ Staff was dressed appropriately</li> <li>□ Staff interacted warmly with the residents during the tour</li> <li>□ Staff members were friendly to you when you passed by during your tour</li> <li>□ Management team well staffed, experienced, effective, friendly and personable</li> <li>□ Is there an adequate number of staff members on duty each day?</li> <li>□ Staff was able to answer your questions</li> </ul>
☐ Storage ☐ Barber/beauty salon		clearly and sufficiently
☐ Guest accommodations	Contract & Fees	
☐ Fitness equipment and exercise programs	☐ Buy-in fee	☐ Extra charges are clear and reasonable
<ul><li>□ Pet policy</li><li>□ Emergency protocol for residents</li><li>□ Elevator(s)</li></ul>	<ul><li>□ Determine the length of lease (short-term, long-term, exact length)</li><li>□ Deposit fees</li></ul>	<ul><li>☐ Fee changes (when, why, how often, most frequent fee increase and amount)</li><li>☐ Involvement with fee changes</li></ul>
☐ Handicap accessible	<ul><li>☐ Monthly fee</li><li>☐ Billing and payment options</li></ul>	and notification protocol  ☐ Lease changes permitted
<ul><li>□ Religious services available</li><li>□ Additional services available</li></ul>	Discussed items not included in mor (hidden fees, additional services, additional costs, pet fees)	9 maya aut paliay

#### Visit & Tour Your Response (indicate below in Notes) Residents ☐ Introduced to residents · Your feeling when you toured ☐ Grounds, landscape and building exterior well maintained the community ☐ Spoke with residents about ☐ Pleasantly greeted upon entering the community their experience ☐ Activity in the building upon entering Other observations you noticed that ☐ Residents seemed to be are important to note Décor was attractive and home-like appropriate neighbors · Your thoughts and feelings ☐ Community in good repair, clean, free of odor and ☐ Residents socialized with pleasant in temperature about your visit each other ☐ Floor plan layout was easy to navigate · Any additional information you ☐ Residents appeared happy ☐ Wide hallways would like to have that you didn't and comfortable receive during your visit ☐ Had a meal with residents ☐ Visits with residents welcome at any time ☐ Mealtime experience was pleasant ☐ Food was good ☐ Ample natural and artificial lighting **Notes** ☐ Clean carpet and furniture ☐ Staff members were engaging ☐ Residents were using the activity room ☐ Residents were using the game room/lounge ☐ Residents were using the fitness equipment ☐ Activity in the common areas of the community ☐ Common areas foster easy and independent living ☐ Retirement community has a good reputation in the local community ☐ Occupancy of community (percentage of apartments occupied) ☐ Guest suite available for overnight or trial stay ☐ Received an invitation for an overnight or trial stay